

## **NAPPY CHANGING & INTIMATE CARE POLICY**

1. Here at Oakfield it is our job to safeguard your child at all times. This includes keeping your child clean, comfortable and dry during the setting hours. All DBS checked staff and pediatric first aid trained will be allowed to change nappies and wipe bottoms.
2. Nappy changing mats will be cleaned after each use to prevent infections spreading and new gloves will be worn for every child.
3. You will need to provide nappies & pull-ups/training pants for you child/children. If they need any nappy/body creams, these will also need to be provided with instructions of when to apply. I will be providing 'Mamia' sensitive wipes. If you would like different wipes to be used on your child/children then you will need to provide these.
4. I am happy to support you with potty/toilet training, if and when your child is ready but I will stress, if your child is being potty trained, training will need to be consistent at home and in the setting and we work together. Each child is an individual and Some children take longer than others to potty trainee, but it is important for us to work together and reassure and support your child during this stage. It is also common to stop potty training then star again when you feel it is a better time for the child. When you feel it is the right time to start, we can then discuss what you would like to do.
5. In order to ensure your child stays clean & dry, I ask you to provide a bag containing spare clothes for me to change your child/children when wet/soiled/too hot/too cold. All soiled and wet clothes will be returned on collection of your child. They will not be washed because of the risk of allergies to washing powders and infection control.
6. Nappies will be changed regularly and noted down if soiled or wet. This will be fed back to you at the end of the day.
7. Some children like to have picked up cuddles when tired, upset or just for comfort and reassurance I am happy to do this as well as hold a child's hand when necessary
8. As Ofsted registered carers I am aware that some children like to be affectionate and show it through hugs, kisses etc. others are not so tactile. I am happy to hug, or hold hands, or tickle etc. your child providing both you and your child are happy with this. I would never force a child to do any of the above if it made them feel uncomfortable. I will restrain a child only if they are at risk of inflicting harm on themselves or others. I will separate children if they are fighting. I will restrain a child if they try and run into the road etc. If I do need to restrain your child, I will document it in the incident book and asked you to sign the record. This is to

